

List of Food Items for International Students

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| <input type="checkbox"/> Shelf Stable Meats (canned meats: chicken, tuna, salmon, sardines, mackerel; dry-cured meats; jerky; freeze-dried meats; precooked bacon; etc.) | <input type="checkbox"/> Eggs | <input type="checkbox"/> Cider Vinegar (small bottles) |
| <input type="checkbox"/> Shelf Stable Milk (UHT pasteurized milk, dry milk, canned evaporated milk, plant-based/ non-dairy milks: coconut, almond, soy) | <input type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Jams and Jellies |
| <input type="checkbox"/> Spices and Seasonings (powdered garlic, onion, turmeric, ginger, cumin, coriander, pepper, etc.) | <input type="checkbox"/> Green Plantain | <input type="checkbox"/> Instant oatmeal packets |
| | <input type="checkbox"/> Yam | <input type="checkbox"/> Bran Flakes cereal |
| | <input type="checkbox"/> Yuca | <input type="checkbox"/> Other non-sugar Boxed cereals |
| | <input type="checkbox"/> Fresh Ginger Root | <input type="checkbox"/> Granola bars |
| | <input type="checkbox"/> Corn flour | <input type="checkbox"/> Trail mix |
| | <input type="checkbox"/> Fufu flour | <input type="checkbox"/> Rice |
| | <input type="checkbox"/> Banku Mix flour | <input type="checkbox"/> Black eyed peas |
| | <input type="checkbox"/> Gari | <input type="checkbox"/> Lentils |
| | <input type="checkbox"/> Palm Oil | <input type="checkbox"/> Dry Beans (garbanzo, black, kidney, navy, black-eyed peas) |
| | <input type="checkbox"/> Canola Oil | <input type="checkbox"/> Canned or Jarred Vegetables |
| | <input type="checkbox"/> Olive Oil | <input type="checkbox"/> Bottled Juice or Juice Boxes |
| | <input type="checkbox"/> Sesame Oil | |
| | <input type="checkbox"/> Ghee | |
| | <input type="checkbox"/> Shito | |
| | <input type="checkbox"/> Korean BBQ Sauce | |
| | <input type="checkbox"/> Teriyaki Sauce | |
| | <input type="checkbox"/> Curry Sauce | |
| | <input type="checkbox"/> Soy Sauce | |
| | <input type="checkbox"/> Rice Vinegar | |

Make a Donation

Donations can be dropped off on the 2nd floor of Baker University Center at the donation station.

Donations are always needed. Please adhere to our donation guidelines:

- All items must have labels
- All items must be sealed
- No homemade goods, including baked goods and home-canned items
- Expired items will not be accepted; check the expiration dates of all items that you plan to donate

Monetary Donations

To make a monetary donation to Cats' Cupboard, visit the giving page: [Donate to Cats' Cupboard](#)

Employees can also give through [Payroll Deduction](#) by selecting the Division of Student Affairs Food Pantry Support Fund

A donation of \$25 provides one student with a three-day supply of emergency food. Seventy-five dollars feeds one student and their two children with a three-day supply of emergency food.

Learn more about Cat's Cupboard. Visit

ohio.edu/student-affairs/dean-of-students/basic-needs-programs/food-assistance#cats-cupboard